

## *Shamballa Multi-Dimensional Healing Level 1*

**Level One Attunement** ~ The participant will be qualified to perform Hands on Healing sessions for themselves, clients, plants, animals, and the Earth. The Level 1 participant will demonstrate the skill to clear a workspace or home energetically, bless food, and increase the vibration of crystals and remedies.

### *Level One Class Itinerary*

- ~ Welcome & Introduction
- ~ What is Shamballa?
- ~ Discussion ~ Shamballa Multi-Dimensional Healing
- ~ Shamballa Healing Roots
- ~ Brief History of Dr. Mikao Usui
- ~ Five Principles of Usui Reiki
- ~ Discussion ~ How Shamballa Works
- ~ The Two Precepts
- ~ Why 352 Symbols?
- ~ ABC's of Practicing Shamballa Healing
- ~ How to Do Hands on Healing
- ~ Grounding
- ~ Releasing
- ~ Brain Balancing Technique
- ~ Assign Reading Homework
- ~ Heart Meditation
- ~ Attunements
- ~ Discussion of Experiences - Time Permitting
- ~ Award Certificates

## *Shamballa Multi-Dimensional Healing Level 2*

**Level Two Attunement** ~ Participant is introduced to symbols and is qualified to send healing energy to persons or places long distance. Participant will list and state appropriate symbols for long distance healing.

### *Level Two Class Itinerary*

- ~ Working with Symbols
- ~ Purification and Clearing Ritual
- ~ How to Send Long Distance Energy
- ~ Asking For Permission to Send Energy
- ~ Discussion of Shamballa Symbols
- ~ Practice Time

- ~ MAP Healing Sessions
- ~ Great White Brotherhood
- ~ Crystals – Care & Programming - Time Permitting
- ~ Cutting the Ties that Bind Meditation
- ~ Assign Reading Homework
- ~ Attunements
- ~ Award Certificates

### *Shamballa Multi-Dimensional Healing Level 3*

**Level Three Attunement** ~ Additional symbols are introduced to the participant. Level 3 strengthens and expands upon Level 2, qualifying the participant to explain, discuss, and attune others to Level One Shamballa MD Healing.

#### *Level Three Class Itinerary*

- ~ Introduction to Level Three Symbols
- ~ How to Call the Lords and Ladies of Shamballa
- ~ Discuss Attunement Procedure
- ~ How to Perform Level One Attunements
- ~ DNA Expansion Meditation
- ~ Assign Reading Homework
- ~ Attunements
- ~ Award Certificates

### *Shamballa Multi-Dimensional Healing Level 4*

**Level Four Attunement** ~ The participant has successfully achieved Mastery in performing Shamballa MD Healing and is adept in teaching all Four Levels of information including in-person and long distance attunements.

#### *Level Four Class Itinerary*

- ~ Introduce and Discuss Master Symbols
- ~ Integrity and Responsibility of a Shamballa Master
- ~ Teaching Shamballa Healing Classes
- ~ Performing Attunements
- ~ How to Perform Long Distance Attunements
- ~ Questions and Answers
- ~ Attunements
- ~ Awarding Certificates

### *Some Benefits of Attuning To the Shamballa Healing System*

- ~ Recognizing Energy in Your Environment

~ Recognizing your connection to your Higher Self, I Am Presence, Ascended Masters, Personal Guides and God Source

~ Appreciating your Healing Abilities and being in tune to what you are feeling, both emotionally and physically.

~ Empowerment to Create your Reality

~ You become a Beacon of Light and Love

~ You carry the highest Light Quotient that you are ready to receive

~ Further Understanding of your unique Spiritual Gifts

*Each Level of Training ~ \$55.00  
Including a comprehensive manual for each level*

